

SEPTEMBER 2014



S Best						***
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	Prenatal/Breastfeeding Preparation Classes, 11 am- 12 pm. Held at all BCHD WIC locations. Open to all pregnant participants, dads and family support.	11	12	13
14	15	16	17	18	19	20
21	22	23	Prenatal/Breastfeeding Preparation Classes, 11 am- 12 pm. Held at all BCHD WIC locations. Open to all pregnant participants, dads and family support.	25	26	27
28	29	30	Judy Yankelove and Heather Abreastfeeding by appointment @ 410-396-9427. Monday thr (Baltimore City)			



OCTOBER 2014



S Best 3						***
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Judy Yankelove and Heather Armstrong, the Lactation Consultants, are available to assist with breastfeeding by appointment and by phone. Contact the breastfeeding support WARM Line @ 410-396-9427. Monday through Friday from 8:30 am - 4:00 pm. (Baltimore City)			1	2	3	4
5	6	7	8 Prenatal/Breastfeeding Preparation Classes, 11 am- 12 pm. Held at all BCHD WIC locations. Open to all pregnant participants, dads and family support.	9	10	11
12	13	14	15	16	17	18
19	20	21	Prenatal/Breastfeeding Preparation Classes, 11 am- 12 pm. Held at all BCHD WIC locations. Open to all pregnant participants, dads and family support.	23	24	25
26	27	28	29	30	31	



NOVEMBER 2014



s Best						***
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
assist with breastfee	Heather Armstrong, the Lactation ding by appointment and by pho	one. Contact the breastfeeding				1
2	3	4	5	6	7	8
9	10	11	12 Prenatal/Breastfeeding Preparation Classes, 11 am- 12 pm. Held at all BCHD WIC locations. Open to all pregnant participants, dads and family support.	13	14	15
16	17	18	19	20	21	22
23/30	24	25	26	27	28	29